

Mt. Lebanon
PREPARING FOR SUMMER CAMP

GUIDELINES FOR CAMPERS AND LEADERS

WHAT NOT TO BRING: CAMPERS

- Knives or weapons of any kind
- Lighters, matches, explosives, or fireworks
- Laser pens/ pointers
- Drugs, alcoholic beverages, or tobacco products in any form
- Cell phones, iPods, iPhones
- Radios, laptops, MP3 players, CD's, video cameras
- Expensive jewelry or other valuable personal items that could be damaged or lost.
- Skateboards, roller-skates, or rollerblades
- Water pistols, water balloons
- Inappropriate clothing
- Bad attitude

WHAT TO BRING: CAMPERS

- Bible, notebook and pens/ pencils
- Sleeping bag and pillow, or bed linens and pillow
- Blanket, towels, and wash clothes
- Toiletries (shampoo, soap, hand sanitizing gel, deodorant, toothbrush/toothpaste)
- Shower caddy and shower shoes
- Flashlight
- Appropriate one-piece swimsuits, flip-flops, and pool towel
- Swimsuit cover-ups (going to and from the pools)
- Proper footwear (at least one pair of closed-toe shoes for recreation)
- Enough clean, cool, loose-fitting clothing and undergarments to last the week (dress for hot/ dry weather)
- Laundry bag
- Sunglasses, sunscreen/ sunblock
- Sun visors, sun protection hats
- Personal sized "sport" refillable water bottles to use throughout the day
- Spending money for snacks, beverages, and gift shop purchases
- Camera (optional)
- Good attitude

WHAT TO BRING: CHURCH LEADERS

- Cleaning and sanitizing supplies for each of your sleeping and restroom / shower areas
- Non-toxic disinfectants, disposable sanitizing wipes, room deodorizers, odor control products
- Extra paper products (toilet paper, roll towels)
- Alcohol-based hand sanitizing gels and liquid hand soap dispensers for each of your restroom areas
- Large, portable insulated water containers/ ice chests (water and ice re-fills available at camp)

NOTE: All cleaning and sanitizing products should be keep in a secure area and used only under adult supervision.